Water Safety USA 2016 Messaging

Water Safety: It’s Learning to Swim and So Much More

Why Learn to Swim:

- Learning to swim means much more than learning strokes; it is learning water survival skills, water safety, and developing comfort in the water.
- Water safety is about having an educated respect for the water, including an understanding of the layers of protection needed to keep ourselves and our loved ones safer when in, on, and around water.

Facts About Drowning:

- Every day, about ten people die from unintentional drowning.¹
- Drowning is the leading cause of injury deaths for children 1-4 years.²
- Among those 1-14, fatal drowning remains the second-leading cause of unintentional injury-related death behind motor vehicle crashes.²
- Drowning is the fifth leading cause of unintentional injury deaths for all ages in the United States.²
- Participation in formal swim lessons can reduce the likelihood of childhood drowning death by 88%.³
- Injuries from drowning kill more kids 1-4 years than any other cause except birth defects.²
- Drowning is a silent killer—most young children who died by drowning in pools were last seen in the home, had been out of sight less than five minutes, and were in the care of one or both parents at the time.⁴

Water Safety Tips:

Pools and Waterparks

- Learn to swim
- Swim with someone else (swim with a buddy)
- Avoid alcohol and drugs
- Avoid underwater breath-holding activities and games
- Use appropriately fitting Coast Guard approved life jackets
- Designate a water watcher and supervise children closely
- Choose venues with lifeguards
- Learn CPR
Natural Bodies of Water (Lakes, Rivers and Oceans)

- Learn to swim
- Check local or park regulations for swimming rules or restrictions
- Swim near a lifeguard
- Swim with a buddy
- Check with local experts (life guards, park rangers, etc.) about hazards. If you don't know, don't swim.
- Use sunscreen and drink water
- Obey posted signs and flags
- Keep the beach and water clean
- Learn rip current safety
- Enter water feet first – don’t dive
- Wear an appropriately fitting Coast Guard approved life jacket

At Home

- Empty all tubs, buckets, containers, and wading pools immediately after use
- Keep toilet lids closed and use toilet seat locks
- Remove toys and cover hot tubs
- Install four-sided, four-foot fencing around pools and spas, and use self-closing, self-latching gates
- Learn CPR

Proper Terminology for Media

Drowning is not always a fatal event. Some people die as a result of drowning, while others survive with serious, life-long injuries, or none at all. Thus, the term “drowning” should not be used to imply death. According to the World Health Organization: “Drowning is the process of experiencing respiratory impairment from submersion/immersion in liquid. Drowning outcomes are classified as death, morbidity and no morbidity. Agreed terminology is essential to describe the problem and to allow effective comparisons of drowning trends. Thus, this definition of drowning adopted by the 2002 World Congress on Drowning should be widely used.”

About Water Safety USA:

Water Safety USA is a roundtable of longstanding national nonprofit and governmental organizations with a strong record of providing drowning prevention and water safety programs, including public education. Currently, thirteen organizations make up Water Safety USA.

Purpose:

Each year, the members of Water Safety USA select a single water safety topic that all members agree to promote collaboratively throughout the year. Our message is announced in spring, just prior to the busy summer season.

In addition, Water Safety USA promotes water safety by:

- Promoting a national dialog and focus on water safety
- Engaging related organizations to assist
● Drawing the attention of public officials
● Identifying areas of needed water safety research
● Meeting regularly to align our individual efforts

Mission:
We empower people with resources, information, and tools to safely enjoy and benefit from our nation's aquatic environments. The overarching approach of Water Safety USA is to engage in ongoing dialog aimed at improving our aggregate delivery of water safety information, tools, and resources such that they are as effective as possible.

Strategy:
We collaborate to enhance our individual, organizational efforts to promote water safety and prevent drowning.

Water Safety USA Organizations:

American Academy of Pediatrics
American Red Cross
Boy Scouts of America
Centers for Disease Control and Prevention
National Park Service
National Safe Boating Council
National Swimming Pool Foundation
Safe Kids Worldwide
U.S. Coast Guard
U.S. Consumer Product Safety Commission
United States Lifesaving Association
USA Swimming Foundation
YMCA of the USA

Resources: